

PROCEEDINGS OF THE STATE MISSION DIRECTOR, THIRUVANANTHAPURAM

Present : Jeevan Babu K. I.A.S

Sub:- Training of NUHM Personnel on the Provision of Comprehensive Primary Health Care Components through UPHC- HWCs and UCHCs

ORDER NO: NHM/5321/UH(STATE M&E CONSULTANT)/2015/SPMSU,Dated, 08.05.2023

Read:- Record of Proceedings -Kerala , HSS(U.1) , CPHC

ORDER

Vide the RoP Kerala 2023 - '24, Government of India accorded approval for the capacity building of HWC staff(UPHC-HWCs)and the District Urban Health Co-ordinators on the proper execution of Comprehensive Primary Health Care(CPHC)Services through the Urban Primary Health Centres . Now a two day's session on CPHC at five regional Centres for a critical sect of Staff from all UPHCs in the State has planned. Region wise budget split up for the proposed endeavour is as given below.

Region	Amount
Thiruvananthapuram	186350
Kottayam	164500
Ernakulam	130100
Thrissur	195250
Kozhikode	248100
Total	924300

(Rupees Nine lakhs Twenty Four Thousand Three Hundred only)

The matter is examined in detail and sanction is accorded to to conduct the said training utilising a maximum amount of Rs. 924300/- (Rupees Nine lakhs Twenty Four Thousand Three Hundred only).The expenditure for the training shall be booked under the Scheme/Activity Head "Wellness activities at HWCs-Urban-HSS 128 - of RoP Kerala 2023-24 by strictly observing RCH guidelines. The District Programme Managers of Thiruvananthapuram, Kottayam, Ernakulam, Thrissur and Kozhikode, which happens to be the regional venues for this venture, are directed to share the responsibility with the State Unit in conducting the training at the respective centres.

Item wise budget allocated to the concerned region(District Unit)is also approved and shall be shared to the DPSUs. The resource inputs for the programme will be arranged by the State Unit.

Jeevan Babu K. I.A.S
State Mission Director

To

The State Urban Health Manager

Copy To

- 1) The Director (Finance)
- 2) The State Admin and HR Manager
- 3) District Programme Managers, NHM (of all districts)

Approval Valid

Digitally Approved By

Jeevan Babu K. I.A.S

Date: 08.05.2023

Reason: Approved

The document is digitally approved. Hence signature is not needed.

NATIONAL URBAN HEALTH MISSION - KERALA

Training cum Management Development Programme on Comprehensive Primary Health Care

Background

The Ministry of Health and Family Welfare, Government of India has implemented a holistic programme 'Ayushman Bharat' to address issues of morbidity, reduce out-of pocket expenses, improve utilization of government health facilities, and to ensure continuum of care. The programme focuses on delivery of **Comprehensive Primary Health Care (CPHC)** through Health and Wellness Centers(HWCs). CPHC goes beyond the selective approach of health care towards a more comprehensive range of services including preventive, promotive, curative, rehabilitative and palliative care. Range of services have been expanded from Maternal and Child Health Care to care for non-communicable diseases, palliative care rehabilitative care, oral, eye, ENT care, mental health, first level care emergencies and trauma. To implement this programme in the urban sector, all the Urban Primary Health Centres (UPHCs) established under National Urban Health Mission (NUHM) are converted into Health and Wellness Centres (UPHC-HWCs).

The effective and efficient implementation of CPHC requires substantial change at various levels such as planning, service delivery, monitoring, financing, as well as active participation from different stakeholders like civil societies, NGOs, etc. A set of leadership and managerial skills is required to attain this change at all levels. Catering to this requirement, the training programme is designed to build capacity of professionals engaged in implementation of CPHC.

With this background, the State Unit of National Urban Health Mission in Kerala has designed a 2-day Training Programme on Comprehensive Primary Health Care mainly for the service delivery level professionals engaged with NUHM and the managerial personnel at the District Programme Management Units.

Objective

The major objective of the training programme is to enhance the awareness and competencies of the participants for better implementation of Comprehensive Primary Health Care (CPHC) through Health and Wellness Centers(UPHC-HWCs).

Contents

The training programme is designed to cover the following content:

- Understanding Health Systems
- Health Systems Building Blocks
- Comprehensive Primary Health Care: Basis for Strengthening Health system
- The Principles of Comprehensive Primary Health Care
- Essential Services designed under Comprehensive Primary Health Care
- Essential Diagnostics under Comprehensive Primary Health Care
- Quality Management of Primary Healthcare Services
- Communication and Analytical Skills
- Data Management and Analysis Skills
- Community Engagement and Field Action

Pedagogy

The proposed training programmes is planned with variety of training methods appropriately suitable for working professionals. The major training methods to be employed are lectures, discussions, group-work and presentations. The programme will be based on experiential learning and participatory approach. The lead concepts will be introduced by resource persons through lectures followed by discussions.



NATIONAL URBAN HEALTH MISSION - KERALA
Regional Level Training of NUHM Personnel on Comprehensive Primary Health Care
March - April 2023

<i>Regional Centre & Batch No.</i>	<i>Districts to Involve</i>	<i>Category wise Strength of Trainees</i>	<i>Total Participants</i>	<i>Tentative Date</i>
Thiruvananthapuram Batch 1	Thiruvananthapuram	Medical Officers – 15	52	20 & 21 March 2023
		Staff Nurses – 25		
		NUHM Co-ordinator - 1		
	Kollam	Medical Officers – 5		
		Staff Nurses – 5		
		NUHM Co-ordinator - 1		
Thiruvananthapuram Batch 2	Thiruvananthapuram	Medical Officers – 15	51	27 & 28 March 2023
		Staff Nurses – 25		
		NUHM Co-ordinator - 1		
	Kollam	Medical Officers – 05		
		Staff Nurses – 05		
Kottayam Batch 1	Kottayam	Medical Officers – 03	27	29 & 30 March 2023
		Staff Nurses – 03		
		NUHM Co-ordinator - 1		
	Pathanamthitta	Medical Officers – 2		
		Staff Nurses – 2		
		NUHM Co-ordinator - 1		
	Idukki	Medical Officers – 02		
		Staff Nurses – 02		
	Alappuzha	Medical Officers – 05		
		Staff Nurses – 05		
		NUHM Co-ordinator - 1		
Kottayam Batch 2	Kottayam	Medical Officers – 03	25	03 & 04 April 2023
		Staff Nurses – 03		
	Pathanamthitta	Medical Officers – 2		
		Staff Nurses – 2		
	Idukki	Medical Officers – 02		
		Staff Nurses – 02		
		NUHM Co-ordinator - 1		
	Alappuzha	Medical Officers – 05		
		Staff Nurses – 05		

<i>Regional Centre</i>	<i>Batch No. and Districts to Involve</i>	<i>Category wise Strength of Trainees</i>	<i>Total Participants</i>	<i>Tentative Date</i>
Ernakulam Batch 1	Ernakulam	Medical Officers – 16	33	10 & 11 April 2023
		Staff Nurses – 16		
		NUHM Co-ordinator - 1		
Ernakulam Batch 2	Ernakulam	Medical Officers –16	33	12 & 13 April 2023
		Staff Nurses –16		
		NUHM Co-ordinator - 1		
Thrissur Batch 1	Thrissur	Medical Officers – 07	41	17 & 18 April 2023
		Staff Nurses – 07		
		NUHM Co-ordinator - 1		
	Palakkad	Medical Officers – 05		
		Staff Nurses – 05		
		NUHM Co-ordinator - 1		
	Malappuram Part 1 (Ponnani, Perinthalmanna , Valanchery , Kottakal and Nilambur)	Medical Officers – 07		
		Staff Nurses – 07		
		NUHM Co-ordinator - 1		
Thrissur Batch 2	Thrissur	Medical Officers – 07	36	19 & 20 April 2023
		Staff Nurses – 07		
	Palakkad	Medical Officers – 3		
		Staff Nurses – 5		
	Malappuram- Part 1 (Ponnani, Perinthalmanna , Valanchery , Kottakal and Nilambur)	Medical Officers – 07		
		Staff Nurses – 07		
Kozhikode Batch 1	Kozhikode	Medical Officers – 12	63	25 & 26 April 2023
		Staff Nurses – 12		
		NUHM Co-ordinator - 1		
	Kannur	Medical Officers – 06		
		Staff Nurses – 06		
	Malappuram Part 2 (Kondotty, Tanur,Tirur, Parappanangady,Tirurangady, Panakkad, & Manjery)	Medical Officers – 08		
		Staff Nurses – 08		
	Wayanad	Medical Officers – 02		
		Staff Nurses – 02		
	Kasaragod	Medical Officers – 03		
		Staff Nurses – 03		

Regional Centre	Batch No. and Districts to Involve	Participant Category and Strength	Total Participants	Tentative Date
Kozhikode Batch 2	Kozhikode	Medical Officers – 07	57	27 & 28 April 2023
		Staff Nurses – 07		
		NUHM Co-ordinator - 1		
	Wayanad	Medical Officers – 02		
		Staff Nurses – 03		
		NUHM Co-ordinator - 1		
	Malappuram Part 2 (Ponnani, Perinthalmanna , Valanchery , Kottakal, Nilambur etc.,)	Medical Officers – 07		
		Staff Nurses – 07		
		NUHM Co-ordinator - 2		
	Kannur	Medical Officers – 06		
		Staff Nurses – 06		
		NUHM Co-ordinator - 1		
	Kasaragod	Medical Officers – 03		
		Staff Nurses – 03		
		NUHM Co-ordinator - 1		

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NATIONAL URBAN HEALTH MISSION - KERALA
Regional Level Training of NUHM Personnel on Comprehensive Primary Care
March –April 2023

Total Budget

Sl. No	Item	Unit Cost (Rs.)	No. of Units	Total (Rs)
1	Mid-day meal , tea and snacks for 418 trainees(in 10 batches), 120 Resource Persons and 36 local organizers for two days each	300 * 2 days = Rs.600.00	514	308400.00
2	Breakfast and Dinner for Trainees from distant districts and Resource Persons(who stay at the training centre) - for one day only	250	140	35000
3	Stationery(Writing pad, pen etc.,)	50	418	20900.00
4	Hall Rent	10000	5*4 days	200000.00
5	Accommodation charges for outstation trainees	1250	140	175000
6	Accommodation charges for state level officials and resource persons	2932	11*2	64500.00
7	Resource Fee	<i>Rs.600*12 sessions per batch</i>	10 batches	72000.00
8	TA/DA to Resource Persons			48500.00
Total				924300

(Rupees Nine lakh Twenty Four Thousand Three Hundred only)

NATIONAL URBAN HEALTH MISSION - KERALA
Regional Level Training of NUHM Personnel on Comprehensive Primary Care
March –April 2023

Budget Break up for Thiruvananthapuram Region

Sl. No	Item	Unit Cost (Rs.)	No. of Units	Total (Rs)
1	Mid-day meal , tea and snacks for 103 trainees(in 2 batches), 12 Resource Persons and 8 local organizers for two days each	300 * 2 days = Rs.600.00	123	73800
2	Breakfast and Dinner for Trainees from distant districts and Resource Persons(who stay at the training centre) - for one day only	250	25	6250
3	Stationery(Writing pad, pen etc.,)	50	103	5150
4	Hall Rent	10000	4 days	40000
5	Accommodation charges for outstation trainees	1250	25	31250
6	Accommodation charges for state level officials and resource persons	2500	5	12500
7	Resource Fee	<i>Rs.600*12 sessions per batch</i>	2 batches	14400
8	TA/DA to Resource Persons			3000
Total				186350

(Rupees One lakh Eighty Six Thousand Three Hundred and Fifty only)

NATIONAL URBAN HEALTH MISSION - KERALA
Regional Level Training of NUHM Personnel on Comprehensive Primary Care
March –April 2023

Budget Break up for Kottayam Region

Sl. No	Item	Unit Cost (Rs.)	No. of Units	Total (Rs)
1	Mid-day meal , tea and snacks for 52 trainees(in 2 batches), 12 Resource Persons and 6 local organizers for two days each	300 * 2 days = Rs.600.00	70	42000.00
2	Breakfast and Dinner for Trainees from distant districts and Resource Persons(who stay at the training centre) - for one day only	250	30	7500.00
3	Stationery(Writing pad, pen etc.,)	50	52	2600.00
4	Hall Rent	10000	4 days	40000.00
5	Accommodation charges for outstation trainees	1250	30	37500.00
6	Accommodation charges for state level officials and resource persons	2500	5	12500.00
7	Resource Fee	Rs.600*12 sessions per batch	2 batches	14400.00
8	TA/DA to Resource Persons			8000.00
Total				164500

(Rupees One lakh Sixty four Thousand Five Hundred only)

NATIONAL URBAN HEALTH MISSION - KERALA
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Budget Break up for Ernakulam Region

Sl. No	Item	Unit Cost (Rs.)	No. of Units	Total (Rs)
1	Mid-day meal , tea and snacks for 66 trainees(in 2 batches), 12 Resource Persons and 6 local organizers for two days each	300 * 2 days = Rs.600.00	84	50400.00
2	Stationery(Writing pad, pen etc.,)	50	66	3300.00
3	Hall Rent	10000	4	40000.00
4	Accommodation charges for state level officials and resource persons	3000	2*2 days	12000.00
5	Resource Fee	<i>Rs.600*12 sessions per batch</i>	2 batches	14400.00
6	TA/DA to Resource Persons			10000.00
Total				130100

(Rupees One lakh Thirty Thousand One Hundred only)

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Budget Break up for Thrissur Region

Sl. No	Item	Unit Cost (Rs.)	No. of Units	Total (Rs)
1	Mid-day meal , tea and snacks for 77 trainees(in 2 batches), 12 Resource Persons and 6 local organizers for two days each	300 * 2 days = Rs.600.00	95	57000.00
2	Breakfast and Dinner for Trainees from distant districts and Resource Persons(who stay at the training centre) - for one day only	250	35	8750.00
3	Stationery(Writing pad, pen etc.,)	50	77	3850.00
4	Hall Rent	10000	4 days	40000.00
5	Accommodation charges for outstation trainees	1250	35	43750.00
6	Accommodation charges for state level officials and resource persons	2500	3* 2 days	15000.00
7	Resource Fee	Rs.600*12 sessions per batch	2 batches	14400.00
8	TA/DA to Resource Persons			12500.00
Total				195250

(Rupees One lakh Ninety FiveThousand Two Hundred and Fifty only)

NATIONAL URBAN HEALTH MISSION - KERALA
Regional Level Training of NUHM Personnel on Comprehensive Primary Care
April 2023

Budget Break up for Kozhikode Region

Sl. No	Item	Unit Cost (Rs.)	No. of Units	Total (Rs)
1	Mid-day meal , tea and snacks for 120 trainees(in 2 batches), 12 Resource Persons and 10 local organizers for two days each	300 * 2 days = Rs.600.00	142	85200.00
2	Breakfast and Dinner for Trainees from distant districts and Resource Persons(who stay at the training centre) - for one day only	250	50	12500.00
3	Stationery(Writing pad, pen etc.,)	50	120	6000.00
4	Hall Rent	10000	4 days	40000.00
5	Accommodation charges for outstation trainees	1250	50	62500.00
6	Accommodation charges for state level officials and resource persons	2500	5	12500.00
7	Resource Fee	<i>Rs.600*12 sessions per batch</i>	2 batches	14400.00
8	TA/DA to Resource Persons			15000.00
Total				248100

(Rupees Two lakh Forty eight Thousand One Hundred only)